

# Canteen Price List

Term 1 2019



## Online Orders

Order online at Munch Monitor by 9.30am  
[www.munchmonitor.com](http://www.munchmonitor.com)  
School ID: charltoncc & Password: munch2283

## Weekly Specials

Weekly Specials are **only** available on Munch Monitor.  
Log into your Munch Monitor account to view and order these specials.

Our range online includes Potato Gems, Hash Browns, Garlic bread and more! View our full menu range on Munch Monitor.

## New this year!

Celebrate your child's birthday with a BIRTHDAY BUCKET of Quelch Sticks for their class. Order on Munch Monitor.

## Over the Counter Orders

Place orders between 8.30am - 9.30am  
at the Canteen

### SNACKS (Recess & Lunch)

|  |             |
|--|-------------|
| Frozen Fruit (in Season)                 | from \$1.00 |
| Carrot Sticks                            | \$0.50      |
| Boiled Egg                               | \$1.00      |
| Yoghurt                                  | \$2.00      |
| Chips (Sea Salt, Honey Soy & Grainwaves) | \$1.50      |
| Popcorn                                  | \$1.00      |
| Muffin (low fat)                         | \$2.00      |
| School Finger Bun                        | \$2.00      |
| Cheese & Bacon Roll                      | \$2.00      |
| Vegemite Scroll                          | \$2.00      |
| Apple Crumble                            | \$3.00      |
| Banana Bread                             | \$2.00      |

### FROZEN ITEMS

|                         |        |
|-------------------------|--------|
| Quelch Stick            | \$0.60 |
| Juice Cup with spoon    | \$0.80 |
| Icy Mony TNT            | \$1.00 |
| Icy Twist               | \$1.20 |
| Paddle Pop              | \$1.70 |
| Weis Bar                | \$2.00 |
| Shakey Shake with spoon | \$2.40 |
| Frozen Yoghurt          | \$2.40 |

### OCCASIONAL HOT FOOD

|                                   |        |
|-----------------------------------|--------|
| Lean Beef Pie                     | \$3.40 |
| Lean Beef Potato Pie              | \$3.40 |
| Party Pie                         | \$2.00 |
| Lean Jumbo Sausage Roll           | \$2.40 |
| Lean Sausage Roll                 | \$2.00 |
| Spinach & Ricotta Roll            | \$3.00 |
| Chicken Nuggets (3pkt)            | \$2.00 |
| Chicken Tenders (2pkt)            | \$3.00 |
| Sauce (Tomato, BBQ, Sweet & Sour) | \$0.50 |

### SANDWICHES, WRAPS & ROLLS (WHOLEMEAL OR WHITE)

|                                  |        |
|----------------------------------|--------|
| Salad Sandwich                   | \$5.00 |
| Ham & Salad Sandwich             | \$5.50 |
| Chicken & Salad Sandwich         | \$6.00 |
| Jam or Vegemite Sandwich         | \$2.50 |
| Ham & Cheese Sandwich            | \$3.50 |
| Ham, Cheese & Tomato Sandwich    | \$4.00 |
| Egg, Lettuce & Mayo Sandwich     | \$4.00 |
| Chicken, Lettuce & Mayo Sandwich | \$4.50 |
| * Toasting                       | \$0.50 |
| * Gluten Free                    | \$1.00 |
| * Wraps or Rolls                 | \$0.50 |

### SALADS

|   |        |
|---|--------|
| Salad Bowl                                      | \$5.50 |
| - Lettuce, Tomato, Carrot, Cucumber & Dressing* |        |
| * Italian or French                             |        |

### DRINKS

|                          |        |
|--------------------------|--------|
| Flavoured Milk 300ml     | \$2.50 |
| Flavoured Milk 500ml     | \$3.50 |
| Plain Milk 300ml         | \$1.50 |
| Up & Go                  | \$2.50 |
| Juice 350ml              | \$2.80 |
| Poppers 200ml            | \$1.50 |
| Chill J Carbonated Water | \$2.30 |
| Water 600ml              | \$2.00 |